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**GOVERNMENT OF THE REPUBLIC OF
TRINIDAD AND TOBAGO**

**Ministry of Health
Chemistry- Food and Drugs Division**

**BASIC FOOD LABELLING
REQUIREMENTS**

Basic Food Labelling Requirements Under the Food and Drugs Regulations

Chapter 30:01 Part II: Section 16 and Amendment 2003

The label of a package food shall state:

A. On the Main Panel of the Label

- The brand name of the food
- The common name of the food
- The correct declaration of the net contents of the package in terms of weight, volume or number

B. On any panel except the bottom of the package

- A complete list of ingredients in the descending order of proportion.
- The complete name and address of the manufacturer or person preparing the food and its' country of preparation or origin.
- A declaration by name of any added Class II, Class III or Class IV preservative.

- A declaration of any synthetically added food colour.
- A declaration of any added food flavouring preparation.
- Expiry date / Best Before date / Date mark.
- Any applicable storage instructions e.g. keep frozen, refrigerate after opening.
- Preparation instructions, where applicable.
- Any other statement which maybe required to be declared.

C. On any panel, including the panel at the bottom of the package.

- The batch or lot number
- Any registration number which may be required.

Some additions to the label may be required depending on the type of food.

It is advisable to consult with the Food and Drugs Division before printing labels.